

ROSSENDALE ROAD CLUB

www.rossendaleroadclub.com

10.3 miles (Hilly) SpoCo Time Trial (Bolton-by-Bowland)

Saturday 25th February 2023 Start 2.00pm

Promoted for and on behalf of CTT under their rules and regulations. This is a NLTTA SPOCO counting event.

Organiser: Paul Warrener 13 Lawnswood Castleton Rochdale OL11 3HB

Tel:07932806110 e-mail:havinitalarge1@virginmedia.com

Course: L112 Bolton-by Bowland course record TOM RIGBY CROSTON VELO 23-38

Timekeepers: Start - Mrs ANDREA HEYWOOD
Finish - Mr MIKE ADDIS

Course details:

START alongside the village green approximately 50 yards up Hellifield Road from the centre of Bolton-by-Bowland. Proceed in a direction towards Hellifield to the cross roads near Paythorne where turn left (3.56 miles). Continue in the direction of Wigglesworth to T-junction with Sawley - Settle road (5.72 miles). Turn left, **extreme care to be taken at this corner**, and proceed in a southerly direction via Forest Becks (Care! Steep descent and bends) to T-junction where left in direction of Bolton-by-Bowland to FINISH after 330 yards at the first gateway on the right-hand side of the road past entry to farm on left (10.3 miles).

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local Reg No.5

In ALL events, competitors prior to starting are not permitted to ride past the start and finish timekeepers during the duration of the event.

Local Reg No.6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No.15

Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number back to HQ and ensure they sign the '**SIGN OUT SHEET**' Very important.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

HELMETS:

ALL COMPETITORS MUST wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15).

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road**

Parking for the event is available at the HQ (Bolton-by-Bowland village hall) which is situated behind the Coach and Horses public house. Additional car parking is available on a car park near the public toilets in the village. Any vehicles not being able to find space in these car parks are asked to park with consideration for local residents on Gisburn Road.

ONE RIDER ONE PRIZE

FIRST OVERALL	20.00	FIRST VET 40	10.00	FIRST LADY	20.00
SECOND	15.00	FIRST VET 50	10.00	SECOND LADY	15.00
THIRD	10.00	FIRST VET 60	10.00	THIRD LADY	10.00
FIRST TEAM OF THREE (EACH)	10.00	LANTERNE-ROUGE	10.00		
FIRST JUN/JUV	10.00				